



WHERE PRACTICE MEETS SCIENCE
DEBATE 2025

1st & 2nd, February 2025
ITC Grand Chola, Chennai



Scientific Program

Hall A

Saturday, 1st February 2025

09:00 – 09:40

WS1: Workshop

From Diabetes Care to Metabolic Care – Tools for Upskilling



Dr. Mathew John



Dr. Samit Ghosal



Dr. Kumaravel Velayutham

09:40 – 10:10

DEB1: Debate

Should we give up gluco-centricity in diabetes care?



09:40 – 09:47
Dr. Bhavana Sosale

Definitely



09:47 – 09:54
Dr. Lakshmi R H

Hold On

09:54 – 10:03

Discussion and Audience View



10:03 – 10:10
Dr. Balamurugan R

Balanced View

10:10 – 11:10

IS1: Care based Therapeutic Sessions

Made possible by sponsorship support from USV Private Limited



10:10 – 10:22
Dr. Krishna G. Seshadri

Prevention of Heart Failure



10:22 – 10:34
Dr. Manoj Chadha

Metabolic Care through combination therapy



10:34 – 10:46
Dr. Unnikrishnan A G

Central Role of Glycemic Control: The role of SU and MF



10:46 – 10:58
Dr. Selvapandian P

SGLT2i and TZD for MASLD

10:58 – 11:10 | Discussion

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11:10 – 12:40

KN1-3: Keynote Address

Chairperson: Dr. Rajendiran N, Dr. Shanmugam A



11:10 – 11:48
Dr. Unnikrishnan A G

The evolving role of T3 and its receptor in clinical care



11:48 – 12:06
Dr. Mathew John

Are some patients programmed for better outcomes than others? Why?



12:06 – 12:24
Dr. Samit Ghosal

Prediabetes and Cardiometabolic risk: Time to move the intervention point?

12:24 – 12:40 | Discussion

12:40 – 13:30

IS6: Obesity

Made possible by sponsorship support from Eli Lilly & Company India Pvt Ltd



12:40 – 12:55
Dr. Vijayakumar G

Adiposopathy and Medusa Paradox



12:55 – 13:10
Dr. Usha Ayyagari

Tirzepatide Novel GIP GLP1RA



13:10 – 13:25
Dr. Jothydev Kesavadev

SURMOUNTing obesity with Tirzepatide

13:25 – 13:30 | Discussion

13:30 – 14:15 | Lunch Break

14:15 – 14:55

IS8: Diabetes

Made possible by sponsorship support from Eli Lilly & Company India Pvt Ltd



14:15 – 14:30
Dr. Mathew John

Early weight loss: Transforming the T2DM path with Tirzepatide



14:30 – 14:50
Dr. Chitra Selvan

SURPASS: Paving the way to target HbA1C and weight

14:50 – 14:55 | Discussion

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Hall A

Saturday, 1st February 2025

14:55 – 16:05

SS1: Hidden in Plain Sight

Chairperson: Dr. Murthy S, Dr. Kannan N



14:55 – 15:13
Dr. Jayashree Gopal

Difficult to control Diabetes: Is hypercortisolism the culprit?



15:13 – 15:31
Dr. Narayanan N K

Primary Hypertension or Primary Hyperaldosteronism – Setting the record straight!



15:31 – 15:49
Dr. Srikant Kongara

Can a hidden tumor cause muscle and bone pain? And how can I find it out?

15:49 – 16:05 | Discussion

16:05 – 16:45

CCS2: Clinical Case Seminar

Metabolic Bone Disease



Dr. Shriram Mahadevan Dr. Manoj Chadha Dr. Beatrice Anne

16:45 – 17:00 | Break

17:00 – 17:50

IS9: Industry Spotlight

Made possible by sponsorship support from Eris Therapeutics Ltd



17:00 – 17:20
Dr. Krishna G. Seshadri

SGLT2i and TZD together they tango?



17:20 – 17:40
Dr. Mathew John

Clinical use of Liraglutide: a case based discussion

17:40 – 17:50 | Discussion

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17:50 – 18:40

IS12: Industry Spotlight

Made possible by sponsorship support from Micro Labs Limited



MICRO LABS LIMITED



17:50 – 18:10

Dr. Vijay Bhaskar Reddy

Vildagliptin + Dapagliflozin + Metformin An Optimum OAD Breaking the Barriers in T2DM Management



18:10 – 18:30

Dr. Adlyne Reena Solomon

Early aggressive combination therapy in diabetes care

18:30 – 18:40 | Discussion

18:40 – 19:30

IS14: Industry Spotlight

Made possible by sponsorship support from Torrent Pharmaceuticals Limited



18:40 – 18:57

Dr. Prabhakar D

A newer non-statin modality to treat dyslipidemia



18:57 – 19:14

Dr. Vimal M V

Triple Drug Therapy in Diabetes Management: Efficacy and Safety



19:14 – 19:20

Dr. Thirumalvalavan K

Checkmate in Diabetic Hypertensive population with CCBs. Which one is Unique ?

19:30 – 20:30

KN4: Keynote Address



19:30 – 20:30

Krishnan T S

The Flight of Sri Ranganatha

20:00 onwards | Dinner and Close for the day

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Hall B

Saturday, 1st February 2025

09:00 – 09:40

WS2: Workshop
Dyslipidemia in Diabetes: The nuances



Dr. Abraham Oomman



Dr. Shunmugavelu M



Dr. Usha Ayyagari

09:40 – 10:10

DEB2: Debate
A Smart pump or Beta Cell replacement? What is the future of Diabetes therapies



09:40 – 09:47
Dr. Vimal M V

Smart pump



09:47 – 09:54
Dr. Kumaravel Velayutham

Beta cell replacement

09:54 – 10:03

Discussion and Audience View



10:03 – 10:10
Dr. Sanjay Agarwal

Balanced View

10:10 – 10:50

IS2: Panel Discussion - SGLT2i: Anything and Everything
Made possible by sponsorship support from AstraZeneca Pharma India Ltd



Panelists:



Dr. Venkatraman S



Dr. Pramila Kalra



Dr. Sruti Chandrasekaran

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10:50 – 11:30

IS3: Insulin

Made possible by sponsorship support from Novo Nordisk India Pvt Ltd



10:50 – 11:05
Dr. Pramila Kalra

Degludec setting standards in Basal Insulin therapy



11:05 – 11:25
Dr. Manoj Chawla

Innovative alchemy: Transforming Diabetes therapy with coformulation

11:25 – 11:30 | Discussion

11:30 – 12:10

IS4: GLP1RA

Made possible by sponsorship support from Novo Nordisk India Pvt Ltd



11:30 – 11:45
Dr. Samit Ghosal

Navigating the complexities of CKM: Understanding the role of CV renal and metabolic health



11:45 – 12:10
Dr. Jayashree Gopal

Optimizing CKM care: Exploring the impact of Oral Semaglutide in tackling T2DM and its complications



Dr. Sruti Chandrasekaran

12:10 – 12:50

IS5: Clinical Case Seminar

The role of Diabetes Specific Nutrition in the therapeutic algorithm
Made possible by sponsorship support from Abbott Healthcare Pvt Ltd (Nutrition)



Moderator:



Dr. Krishna G. Seshadri

Panelists:



Dr. Shashank R. Joshi



Dr. Jayashree Gopal

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Hall B

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12:50 – 13:30

IS7: Industry Spotlight

Chairperson: Dr. Bipin Sethi, Dr. Krishna G. Seshadri
Made possible by sponsorship support from Sanofi India Limited

sanofi



12:50 – 13:05
Dr. Vidhya R Jahagirdar

Targeting better Clinical outcomes in Diabetes: Focus on Time in Range and second generation basal insulin



13:05 – 13:20
Dr. Shashank R. Joshi

Redefining T2DM management paradigm with innovative combination injectable iGlarLixi

13:20 – 13:30 | Discussion

13:30 – 14:15 | Lunch Break

14:15 – 15:25

SS1: Time for a relook?

Chairperson: Dr. Sai Kandula, Dr. Damodharan J



14:15 – 14:33
Dr. Shunmugavelu M

Fibrates in Diabetic Retinopathy



14:33 – 14:51
Dr. Ranjit Unnikrishnan

Should resistance training become the primary exercise modality in diabetes



14:51 – 15:09
Dr. Bipin Sethi

Vitamin D in prediabetes

15:09 – 15:25 | Discussion

15:25 – 16:05

CCS1: Clinical Case Seminar

The clinical approach to MASLD



Dr. Bipin Sethi



Dr. Muthukumar Jayapaul



Dr. Bharath Ramji



Dr. Balaji Chidambaram

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Hall B

Saturday, 1st February 2025

16:05 – 16:45

CCS3: Clinical Case Seminar
The clinical approach to prediabetes



Dr. Sanjay Agarwal



Dr. Vijayakumar G



Dr. Mohan K



Dr. Muralidharan C

16:45 – 17:00 | Break

17:00 – 17:25

IS10: Industry Spotlight
Made possible by sponsorship support from Boehringer Ingelheim



17:00 – 17:25

Dr. Jothydev Kesavadev

Holistic CKD protection in T2DM: Learnings from Empa Kidney

17:25 – 17:50

IS11: Industry Spotlight
Made possible by sponsorship support from Cipla Limited



17:25 – 17:50

Dr. Narayanan N K

Utilizing premix insulin to match T2DM patient needs

17:50 – 18:35

IS13: Industry Spotlight
Chairpersons: Dr. Vijaykumar G, Dr. Srikanth Kongara
Made possible by sponsorship support from Zydus Healthcare Limited



17:50 – 18:08

Dr. Awadesh Kumar Singh

Imeglyn: A novel agent with dual benefits



18:08 – 18:26

Dr. Usha Ayyagari

MASLD: Role of PPAR dual agonists

18:26 – 18:35 | Discussion

18:35 – 19:00

IS14: Industry Spotlight
Made possible by sponsorship support from Ipca Laboratories Ltd



18:35 – 18:47

Dr. Sanjay Sharma

Novel treatment option in the management of DFU



18:47 – 19:00

Dr. Vijay Bhaskar Reddy

Uncontrolled Diabetes Effect on Kidney and Heart

20:00 onwards | Dinner and Close for the day

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Hall C

Saturday, 1st February 2025

09:00 – 10:30

WS3: Workshop

Setting, maintaining and monetizing a lab



Dr. Srikanth Kongara



Dr. Aravind Sosale

10:30 – 12:00

WS4: Workshop

Research in small clinics – A step by step approach



Dr. Krishna G. Seshadri

13:30 – 14:15 | Lunch Break

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Hall A

Sunday, 2nd February 2025

09:00 – 09:40

WS5: Workshop

Osteoporosis Detection Risk Stratification and Care



Dr. Sruti Chandrasekaran



Dr. Manoj Chadha



Dr. Vijay Bhaskar Reddy

09:40 – 10:10

DEB3: Debate

Is it time to retire metformin from clinical care?



09:40 – 09:47

Dr. Rajesh R P

About time



09:47 – 09:54

Dr. Gowrishanker R

This is blasphemous

09:54 – 10:03

Discussion and Audience View



10:03 – 10:10

Dr. Jabbar P K

Balanced View

10:10 – 10:45

IS16: Obesity

Made possible by sponsorship support from Novo Nordisk India Pvt Ltd



10:10 – 10:25

Dr. Awadesh Kumar Singh

STEPping UP weight management with Semaglutide 2.4 mg



10:25 – 10:40

Dr. Abraham Oomman

Selecting the Heart: Outcomes beyond weight loss

10:40 – 10:45 | Discussion

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Hall A

Sunday, 2nd February 2025

10:45 – 11:28

SS4: Circadian Rhythms

Chairperson: Dr. Vishalakshi Raman



10:45 – 11:03
Dr. Santosh R

Circadian Rhythms metabolic partitioning and diabetes



11:03 – 11:21
Dr. Shashank R. Joshi

Gut microbiome and the metabolic clock

11:21 – 11:28 | Discussion

11:28 – 11:45 | Break

11:45 – 13:05

KN5-7: Keynote Address

Chairperson: Dr. Muralidharan C, Dr. Vijayakumar G



11:45 – 12:03
Dr. Mohan V

Early dysglycemia in diabetes: Pathophysiologic and clinical implications



12:03 – 12:21
Dr. Uma Ram

Early dysglycemia in diabetes: The obstetric perspective

12:21 – 12:28 | Discussion



12:28 – 13:05
Yogi Shiva Rishi

The spiritual dimensions of medicine: Healing the Healer

13:05 – 13:10

PRIMER Honor

Chairperson: Dr. Aravind Sosale, Dr. Krishna G. Seshadri, Dr. Sanjay Reddy, Dr. Bhavana Sosale



13:05 – 13:10
Dr. Manoj Chadha

Outstanding contribution to Profession

13:10 – 13:45

K M Prasanna Kumar Oration

Chairperson: Dr. Aravind Sosale, Dr. Anand Moses



13:10 – 13:45
Dr. Jothydev Kesavadev

K M Prasanna Kumar Oration

13:45 Onwards | Lunch and Close of the Conference

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Hall B

Sunday, 2nd February 2025

09:00 – 09:40

WS6: Workshop
Nuances in the management of Hypothyroidism



Dr. Jabbar P K



Dr. Vidhya R Jahagirdar



Dr. Beatrice Anne

09:40 – 10:15

CCS4: Clinical Case Seminar
PCOS mimics in clinical care



Dr. Pramila Kalra



Dr. Chitra Selvan



Dr. Anjali Sathya



Dr. Muthukumaran
Jayapaul

10:15 – 10:58

SS3: PCOS as a metabolic disease

Chairperson: Dr. Jayashree Gopal



10:15 – 10:33
Dr. Anjali Sathya

PCOS and Adipose Tissue dysfunction: Understanding and implications



10:33 – 10:51
Dr. Pramila Kalra

The impact of PCOS and its therapy on pregnancy

10:51 – 10:58 | Discussion

10:58 – 11:40

SS5: Women's Health

Chairperson: Dr. Anjali Sathya, Dr. Boochandran T S



10:58 – 11:16
Dr. Anjana R M

Do adolescent habits make the adult women? A metabolic health perspective



11:16 – 11:34
Dr. Chitra Selvan

Metabolic outcomes in women with diabetes – What gives?

11:34 – 11:40 | Discussion

11:40 – 13:45 | MBreak and Move to Hall A

13:45 Onwards | Lunch and Close of the Conference

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